Christ the Saviour Cathedral

"CATHEDRAL JOTTINGS"



Corner of Garfield Street and Butler Avenue
Johnstown, Pa. 15906
Rectory Office – 249 Butler Avenue; Johnstown, Pa. 15906
Cathedral Church of His Eminence, Metropolitan Gregory of Nyssa
of the
American Carpatho-Russian Orthodox Diocese
of the
Ecumenical Patriarch of Constantinople

Cathedral Clergy

Pastor – Very Reverend Protopresbyter Robert A. Buczak, Cathedral Dean
Very Reverend Protopresbyter Frank P. Miloro, Chancellor
Very Rev. John S. Brancho

Rectory Phone……………………………………………………………………814-539-8086
Mobile Phone………………………………………………………………………412-759-4481
Cathedral Office…………………………………………………………………814-254-4011
E-mail Address (for Father Robert Buczak)………………………………frbuczak@outlook.com
Diocesan Website: http://www.acrod.org ***Facebook***: https://www.facebook.com/acroddiocese
Cathedral: http://www.acrod.org/organizations/cathedral ***Twitter***: https://twitter.com/acrodnews
Camp Nazareth: http://www.campnazareth.org ***You Tube***: https://youtube.com/acroddiocese

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Vol. 78 No. 1778 **Sunday, July 18th, 2021**

The Fourth Sunday after Pentecost

The Venerable Athanasius of Mount Athos
Divine Liturgy/ Choir Sunday – 9:00 am

Panachida for +***Deacon Stephen Hall*** (40th Day) offered by the Koval Family;
+***Helen Lych*** offered by Frank and Helen Porembka
+***Stephen Herko*** offered by the family; +***Anna Repischak;***
+***Michael Pirich Jr.*** offered by Deacon Michael and Diana Pirich; and
+***Protodeacon John Youhas*** offered by Deacon Michael and Diana Pirich (Perpetual)

Resurrection Tone 3
Epistle: Romans 6:18-23 Tropar & Kondak: pages 87-89 Gospel: Matthew 8:5-13

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Services for the week of July 18th

Wed. 7/21 ... +Sophia and Michael Komisarik; +Michael, Mary, Michael, Anna, John, Suzanne, Anna, and Martha Prokop; and +Mary Herdyk (Perpetual)…...……………8:00 am

Sat. 7/24 … No vespers scheduled – Family Wedding

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Sunday, July 25th, 2021

The Fifth Sunday after Pentecost

The Holy Martyrs Procus and Hilary of Ancyra
Divine Liturgy– 9:00 am
Panachida for +***George Evanisko Jr.*** offered by wife, Anna;
+***John and Mary Kindya*** offered by Lucy Tomko and family;
+***Samuel Muchesko*** offered by the Muchesko family;
+***Stephen Knaze Sr.*** offered by Steve Knaze Jr.;
+***Anna Demko***; +***Steve Matrician; +John and Susanna Andrus;*** and
+***Anna Smisko*** offered by her family (Perpetual)
Resurrection Tone 4 - Tropar & Kondak: pages 90 & 164
Epistle: Romans 10:1-10 Gospel: Matthew 8:28-9:1

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NO services for the week of July 25
Father Robert and Pani Kathy will be away from the parish

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Sunday, August 1st, 2021

The Sixth Sunday after Pentecost

Sunday of the Holy Fathers of the First Six Ecumenical Councils

Saint Macrina, sister of Saint Basil the great and Saint Gregory of Nyssa
Divine Liturgy – 9:00 am

Panachida for ***+Elsie Arendas*** offered by Sue Deitle and Family;
+Donna Yarina offered by Dorothy Laichak; and +***John and Susan Andrus*** (Perpetual)

Resurrection Tone 5
Epistle: Hebrews 13:7-16 Tropar & Kondak: pages 93-164 Gospel: John 17:1-13

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ETERNAL LAMP – is offered the week of July 18th in memory ***+Stephen Herko offered by Kristine Bunda.***

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BIRTHDAY PRAYERS – are offered for ***Hanna Cook (7/19), Bryan Seitz (7/20), Kelly Buczak (7/22), and Mary Ann Muchesko (7/23).*** You were remembered in Proskomedia!

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CHRISTMAS IN JULY – SATURDAY'S KITCHEN

As part of our fundraiser, a Love Tree, has been set up in the vestibule of the church. Please take an envelope from the tree and place your donation into the box located next to the tree. Your gift helps to provide the needs of the 24 food pantries in the Johnstown area, St. Vincent de Paul, the Salvation Army, and daily and weekend meals at the local soup kitchen. May God bless you!
With love and appreciation – ***Joan and Ron Bost and the entire Saturday's Kitchen board.***

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CATHEDRAL PARISH PICNIC

ALL are invited to our Annual Parish Picnic to be held ***Sunday, August 8th, 2021 at 12:00 noon***. The church will provide the Hotdogs and are asking for covered dishes and desserts. Please use the sign-up sheet found in the church auditorium and vestibule if you are planning to attend.

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DIOCESAN PRAYER PROGRAM

A new Prayer Program has been initiated in our parishes around the Diocese requesting that we pray daily for our Priests, Deacons, and Seminarians, asking God to give them health and continued strength to minister to our faithful, while at the same time praying for more vocations to the Priesthood. Please note that this is NOT a sick list! The Cathedral Parish is being asked to pray for ***Fr. Matthew Dutko, Fr. George Ellis, Deacon Pawel Mucha, Seminarians Dylan Kelemecz, Thomas Kovalak, Nicholas Worobey and Aydin Zill.***

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ORTHODOX-THEMED T-SHIRT SALE

The Cathedral parish is selling Orthodox-themed t-shirts. These t-shirts are designed and produced by our own Amy Mastrine and Joshua Horner. The t-shirts come in all sizes and are $20.00 each. They can be purchased in the Cathedral Auditorium and paid for in the office. See Joshua Horner if you would like a specific size or style.

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LIVES OF THE SAINTS

New Martyrs Elizabeth Romanov the Grand Duchess and Ann Barbara – July 5/18

Elizabeth was the sister of Empress Alexandra of Russia and the Granddaughter of Queen Victoria of England. She was one of the most illustrious women of her day, known for her modesty and goodness of heart as well as for her station and beauty. She married Grand Duke Sergei Alexandrovich and converted to Orthodoxy, though she was not required to. After her husband was assassinated in 1905, she started a convent, whereas abbess she lived in prayer, fasting, and caring for the sick and poor. During the Bolshevik Revolution, she was exiled to the Urals and martyred in 1918, the same year as her sister. She and those with her were thrown into an abandoned mine. The nun Barbara was exiled as well, but when she was separated from Elizabeth, she asked to join her. Her tormentors consented to do this if Barbara was prepared for horrible torment and violent death. Barbara agreed. Their relics were taken to the convent of St. Mary Magdalene in Jerusalem. In 1981, their reliquaries were opened and the bodies were found to be partially incorrupt and fragrant.

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QUOTES FROM THE HOLY FATHERS

When reading the Holy Scriptures, he who is humble and engaged in spiritual work will apply everything to himself and not to someone else.

St. Mark the Ascetic

Humility of soul helps more than everything else, however, and without it no one can overcome un-chastity or any other sin – and not through his own effort and labor, but through the aid and protection of God.

St. John Cassian

The greatest egoist is he who follows his thoughts, and does not ask anyone for guidance and direction – leading himself to destruction. Someone may be extremely smart and very astute; but if he is willful, self-confident and selfish, he is also constantly tormented. He becomes very confused, and many problems are created for him. In order to find his way, he must open his heart to a Spiritual Father and humbly ask for his help.

Elder Paisios of Mount Athos

There is a saying among the elders: a good deed is either preceded or followed by a temptation. A good deed, such as a heartfelt prayer, or especially Holy Communion, will not pass without the devil taking revenge. He uses all his might to prevent fruitful prayer and/or communion. If unable to achieve this he then tries to spoil everything after the fact, so that not a trace of the benefit acquired remains. This is very familiar to all those who have some experience in spiritual endeavor. For this reason it is necessary to ask the Lord, with humility and contrition of heart, that He preserve us from the snares of the devil, who acts either directly upon the soul, or indirectly through people subject to his power.

Abbot Nikon of Russia

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PRAYER CHAIN

Thomas Buczak	Ronald Kmet	Rachael Costlow	Valentina Yaremenko	Jolene McClain
Cindy LaBarr	Michael Derby	Marshall Rosenow	Olga Yaremetko	Dorothy Kapolka
Annie Mishurda	Sue Miller	Shirley Mazurak	Steve Prieber	Georgene Coulter
Steve Martyak	Judith Pringle	Donna Babble	Aberdeen Rudge	Tommy Lee Knipple
Joan Wine	Robert Pringle	Richard Barnes	Pat Hanuska	Tanya Britan
Jessica McLaughlin	Barbara Virostek	Michael Logan	Dwight Nugle	Frank Porembka
Michael Sakmar	Robert Janeway	Lloyd Broadwater	Rose and Terry Fyock	Helen Porembka
Joseph Muchesko	Helen Duray	Nick Timko	Rosalia Horner	Daniel Porembka
Roberta Kovalik	Andy Walls	Erin Demich	Beverly Mayo	Dr. Rose Ann Jordan
Theresa Milkovich	Jack Dahl	Mary Ann Muchesko	Al Kuzmyak	Elmer C. Laslo
Kira Pronin	Janet Hanak	Joella Hamlin	Michael Paul Gost	Demetra Mavrophilipos
Alexxa Lowery	Eva Zeleniak-Whitak	Donna Martyak	Brooklyn Balamuto	Gaynell Shrift
Romayne Laichak	Malcolm Barnes	Veronica Ronchak	Victoria Bennett	James Davis
Debbie Dawson	Ann Koehnlein	Mary Jane Matolyak	Christina Sakmar	Rose Conjelko
Zachary Rogina	Larry Eisenhauer	Michaela Miller	Matushka Helen	Cindy Birth
Robert J. Gritzer	Evelyn Houston	Arianna Jade Miller	Jasiukowicz	Roger Zankey
Ron Kuzmyak	Judith Rowlands	Taylor Miller	Joanne Democko	Jess Ambroe
Paul Kalcik	Angeline Komara	Jennifer Gardenhour	Robert Stokes	Patricia Yurcisin
Henry Laichak	Arianna Risso	Margaret Blehi	Barbara Stokes	Nelia Yurcisin
Beverly Tinkle	Charlie Erisman	Bill Pringle	Marcia Matthews	

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